

**5th Annual
International Bullying Prevention Association
New Horizons: The Latest in Bullying Prevention and Research**

**Sheraton Hotel & Suites, Keystone at the Crossing
Indianapolis, Indiana**

November 6-7, 2008

**General Session Keynote
& Break-out Session Descriptions**

Thursday, November 6, 2008

General Session 8:00 – 10:00 a.m.

**Welcome: Dr. Suellen Reed, Superintendent of Public Instruction, Indiana Department of Education
Carol Gagliano, President, International Bullying Prevention Association**

Keynote: Dr. Nicki Crick, Ph.D., Director, Institute of Child Development & Center on Relational Aggression, University of Minnesota

Childhood Aggression and Gender: Boys Will Be Boys, But What About Girls?

Only recently has this archaic belief about girls being made of “sugar and spice and everything nice” begun to unravel. For decades, the study and treatment of aggressive behavior excluded females to focus on the antics of boys and men. To address this gender inequity, Dr. Crick and her research teams have identified and investigated a relational form of aggression that is more characteristic of girls and women than the previously emphasized physical form of aggression. Crick’s presentation will provide an overview of what is currently known about the predictors and consequences of relational aggression for both boys and girls.

Keynote: Michael Dorn, Executive Director of Safe Havens International Inc.

Weakfish – Bullying Through the Eyes of a Child

This powerful and thought provoking presentation uses the case study of a real child who was chronically bullied in school to illustrate problems relating to problems that are not detected by or reported to adults who work with children. This presentation will also examine the critical role that educators, mental health professionals, law enforcement officers and others play as role models for children who face extreme challenges. You will never forget this presentation.

Break-out sessions: 10:15 – 11:30 a.m.

Richard W. Cole, Esq. – Civil Rights and Safe Schools Consultant

Skills for Successfully Investigating Complaints and Reports of Bullying and Harassment

The interactive session examines the critical role effective investigations play in protecting students from bullying and harassment, preventing civil liability, and promoting school safety, equity, and learning. The session will identify the legal and practical framework for bullying and harassment investigations. Participants will learn about the practical skills needed for effectively investigating complaints and reports of bullying and harassment, developing investigative plans, interviewing witnesses, making determinations, and drafting investigative reports.

Jean Sunde Peterson, Ph.D. – Coordinator of School Counselor Preparation, Purdue University
Bullies and Bully Targets: A National Study of Experience

A retrospective national study looked at the prevalence of 13 kinds of bullying during K-8, grade by grade, also asking about effects, attempted strategies, adult responses, supports, the subjective experience, and violent thoughts and deeds. Because the subjects were highly able eighth-graders, only cautious generalization to other populations is warranted; however, their unclichéd, insightful, and tough-provoking perspectives illuminate a number of psychosocial issues, including violent response, and can inform prevention strategies.

Jane Riese – Director of Training, Olweus Bullying Prevention Program
Olweus At-A-Glance: The “101 of the Olweus Bullying Prevention Program”

Have you heard of the Olweus Bullying Prevention Program, but still don't know much about it? Join a conversation about the “101” of the world's most researched and best known bullying prevention program, a “Blueprint” model, proven to reduce bullying behaviors at school.

Valerie La Mastro, Assistant Professor of Psychology, Rowan University, Glassboro, New Jersey

An Evaluation of the “No More Bullies, No More Victims” Bullying Prevention Program

A pretest-posttest with control group design evaluated the outcome of the No More Bullies, No More Victims Program offered by the International Center for Assault Prevention. Students in grades 3-8 were surveyed; results indicated that middle school children in the experimental group displayed significantly improved knowledge of what bullying is after completing the program.

Caryn Hacker & Deb Landry, Children's Author and Certified Parenting Coach

Creative Expression and Bibliotherapy as a Means for Bullying Prevention

This workshop will explore the potential of teaching core values and creating meaningful interactive emotional dialogue through the use of expressive avenues in the form of story-telling, art illustration, drama, creative expression, and team building through the time-honored method of bibliotherapy. Examples will be specific to bullying prevention. This course will be divided into two segments: 1 didactic; 1 experiential.

Dr. Nicki Crick, Ph.D., Director, Institute of Child Development & Center on Relational Aggression, University of Minnesota

More Boys Will Be Boys, But What About Girls

In this session, Crick will expand on her keynote presentation to offer additional information about the impact of relational aggression on aggressors and victims and will also provide substantial time for questions from the participants.

Luncheon
11:30 a.m to 1:30 p.m.

Federal Panel: Moderator – Capt. Stephanie Bryn, Director, Injury and Violence Prevention
Health Resources and Services Administration, Maternal and Child Health Bureau

Break-out sessions 1:45 – 3:00 p.m.

Rebekah Heinrichs, MSN, MS Ed, Educational Specialist

The Power of Empathy: Bullying Prevention and Children with Disabilities

It is a fact that children with disabilities are at great risk for being bullied. The innate characteristics of their disability are often what identify them as vulnerable or “perfect targets.” Self-awareness and self-advocacy along with peer awareness must be critical components of any effective bullying prevention efforts for this population. Too many children with disabilities experience a lack of meaningful connections with their peers. When we promote an environment where individuals feel safe enough to be open, sharing their strengths and struggles, we move towards empathy and building connections. This presentation will focus on the power of empathy in bullying prevention.

Tony Baker, President/Founder of Life Changing Solutions Incorporated.

How Hip-Hop Music Ignites Bullying and Aggressive Behavior

This session will enlighten participants of the characteristics of bullying and the effects on youth; educate the audience about the Hip-Hop culture and its contribution to bullying; equip participants with key principles that will assist in reducing bullying; and employ group activities, self-awareness exercises, and indigenous games to emphasize how Hip-Hop influences youth behavior.

Brian Donnelly – Director RespectMe, Scottish Government funded anti-bullying service

Capacity Building: A Scottish Model

This presentation will demonstrate how a model that builds the capacity and competence of adults and organisations impacts on bullying behaviour and the experiences of children. I will show how our (free) programme of trained trainers, strategic organisational policy consultation, campaigning and a very comprehensive web site combine to provide a robust service to adults who have a role to play in children's lives. We will explore the values and concepts that underpin this approach.

Thomas Burger, Ph.D., LCSW, School Social Worker, Licensed Clinical Social Worker

Bullying, Teasing, and Sexual Harassment: How do adults and children differentiate between them?

A combination of lecture, audio visual and interactive activities will explore how school personnel, parents and children often do not differentiate between the behaviors associated with bullying, teasing and sexual harassment. Exploring their differences is imperative to effectively reduce the incidents of bullying and sexual harassment in schools.

Lynne Lang, Curriculum Specialist/Trainer & SuEllen Fried, Founder – BullySafe USA

Peer Bullying – Sibling Bullying: Making the Connection

Studies indicate that sibling violence/bullying is the most prevalent form of family violence and that peer bullying is inextricably linked to sibling bullying. We will explore this connection through Powerpoint presentation, participant survey and interactive discussion. Attendees will learn current research, risk factors, prevention/intervention strategies and steps to promote healing.

Warren J. Blumfield, Ed.D., Assistant Professor of Curriculum and Instruction, Iowa State University and Robyn M. Cooper, Ph.D., Social Scientist, Research Institute for Studies in Education

Cyberbullying, "No Place to be Safe": Research on a New Variation of Bullying

This interactive workshop investigates cyberbullying and its implications on youth in general and LGBT youth specifically. We will share results from our 2008 national cyberbullying youth survey drawing from the voices of those who have participated in various roles in the cyberbullying process. Strategies for policy development will be discussed.

General Session – 3:15-4:15 p.m.

Keynote: Dr. Peter K. Smith –Professor of Psychology and Head of the Unit for School and Family Studies at Goldsmiths, University of London, U.K

How Do We Make School Anti-Bullying Interventions Work?

It is 25 years since the first national intervention project against school bullying, in Norway, the success of which prompted a rapidly growing research field involving many countries in North America, Europe, Australasia, Japan, South Korea and elsewhere. There are now considerable resources and a range of interventions available for teachers and school personnel. However the success of large-scale intervention programs has been varied, and has seldom replicated the 50% reductions seen in Norway. In this talk I will discuss some issues around what works and why, in school anti-bullying programs. First, what do we know about the efficacy of specific interventions? Second, what do we know about the effective combination of interventions – by level (e.g. school, class, individual), or by target (e.g. bullies, victims, bystanders). Third, what influences the effective implementation of interventions? Fourth, to what extent can we expect programs developed in one cultural context to transfer to another? The nature of bullying itself may vary, especially between western and eastern cultures; and the nature of intervention programs has varied, taking the USA, UK, and Spain as examples. I will conclude with suggesting links between theory and practice in understanding how to make interventions work.

Special Event – Plaza Ballroom 4:15 – 5:15 p.m.

All Access Productions – No More Victims

All Access Productions will perform a dynamic multi-media musical focusing on bullying in schools. "**No More Victims**" follows the lives of four high school students in various social roles within their school and gives insight into their public personae and their private struggles.

Friday, November 7, 2008

During Continental Breakfast, 7:30 – 8:15 a.m., join a panel of state leaders: Moderator will be **Marlene Snyder, Ph. D., Director of Development for the Olweus Bullying Prevention Program, Institute on Family and Neighborhood Life, Clemson University.**

State Leadership for Bullying Prevention: What Difference Does it Make?

This presentation will be from a panel of State Leaders where the Olweus Bullying Prevention Program is used as a part of their state strategy for addressing requirements of their State's Anti-Bullying Laws. Policy makers, school administrators, and education leaders will hear about several state models and how these states have worked to implement researched based programming. They will discuss their model format and what has been accomplished in these states to date. Panel Members include **Ruby Alvarado**, Arizona; **Penny Buisignano**, Iowa; **Clarissa Snapp**, Indiana; **Glenn Berry**, Missouri; **Kim McLaughlin**, New York, **Mary Dolan**, Pennsylvania; **Rodger Dinwiddie**, Tennessee; and **Catherine Moffett**, Virginia.

General Session – 8:30 – 10:00 a.m.

Keynote: Dr. Bernard James, Professor of Constitutional Law, Pepperdine University

Bullying and School Safety: A Human Rights Approach to Understand Current Reform

Just a few years ago, laws in the United States provided little fire to which the feet of educators could be held as to bullying and few student rights existed. Current reform is replacing this landscape with a framework that creates great expectations for the right of students to be free from bullying. Court decisions, statutes and scholarship describe the organizing theme for the anti-bullying movement.

Break-out Sessions 10:15-11:30 a.m.

Stan Davis, School Counselor, Author, and Bullying Prevention Consultant

Empowering Bystanders in Bullying Prevention: What Works

Stan Davis will present an overview of bystander empowerment research and will teach a wide range of techniques designed to help young people become allies, supporters, and advocates for excluded and bullied peers. This workshop will combine presentation, discussion, and skill practice.

Rebekah Heinrichs, MSN, MS Ed, Educational Specialist

Asperger Syndrome and Bullying: Prevention and Intervention for Children At Risk

We know that individuals with Asperger Syndrome and related disorders are bullied and excluded more often than their typical peers. The question we want answered is, "What can adults do to help and how can those targeted be empowered to help themselves?" During this session I will provide practical strategies that adults (parents, teachers and other advocates) can use to make a difference in the lives of children at risk who are under their watch.

Nancy Mullin – Director, Bullying Prevention Inc.

Linking Bullying Prevention Themes and Academic Curricula: It's Easier Than You Think!

Research shows class meetings about bullying improve student relationships and learning while reducing aggression. Yet teachers struggle to find time for class meetings and to integrate bullying prevention themes into daily curricula. This workshop will utilize student literature as one vehicle to highlight bullying prevention themes and to explore strategies for intersecting them with academic content. Participants will be encouraged to develop individual action plans for implementing bullying prevention themes within their own classrooms.

Dr. Peter Smith – Professor of Psychology and Head of the Unit for School and Family Studies at Goldsmiths, University of London, U.K

Peer support as a means of improving school safety and reducing bullying and violence

Key aspects of peer support are: (1) Selected peers are trained to be peer supporters; (2) Certain peers will be users of the peer support scheme(s); (3) Improving peer Relationships and reducing bullying; (4) Improving school climate. Peer support is now widely used in primary and secondary schools in a number of countries. I will briefly review peer support methods, and evidence on effectiveness; and describe in some detail an evaluation of the CHIPS (ChildLine in Partnership with Schools) scheme in England.

Priscilla Dames

Bullying & Sexual Minority Issues

Description forthcoming

Butch Losey, M.A., P.C.C. – Director of Training, Licensed Professional Counselor & Susan Graham, M.Ed., P.C, Director of School Liasons, Child Focus, Inc.

Suicide as a Viable Option? Factors that Contribute to the Unthinkable

To some victims of bullying, suicide is the only foreseeable relief of the years of emotional, physical and social torment they have experienced. Participants of this workshop will learn that bullying, suicide, and homicide share common characteristics in the context of bullying. They will learn a strategy for screening victims of bullying for suicide and homicide risk and be able to identify 4 “indelible links” proposed by the presenter that should be given particular emphasis in screening.

**Luncheon
11:30 a.m. – 1:00 p.m.**

**Keynote: Dr. Gary Namie, Ph.D, Director – Workplace Bullying Institute
*Schools as Workplaces: Adult Bullying as Precursor***

Workplace bullying among adults provides the context for bullying in schools among students. Witnessing the mistreatment of adults, models misconduct for youngsters. The toxic environment -- as the workplace for adults -- interferes with learning and appropriate socialization, core purposes of schools. Dr. Namie describes the phenomenon through the lens of the WBI-Zogby national survey. He also introduces recently launched national demonstration project to correct and prevent bullying in schools among adults.

Break-out Sessions 1:00 – 2:15 p.m.

Dr. Bernard James, Professor of Constitutional Law – Pepperdine University

Bullying and the Law: Liability and Other Policy Considerations

What are the implications of legal reform on bullying as a matter of public policy? What rights, duties and responsibilities are emerging? How should educators begin considering the adjustment of campus rules in response to the law?

Dr. Gary Namie, Ph.D., Director – Workplace Bullying Institute

Identifying & Overcoming Resistance to Workplace Bullying Prevention

It seems counterintuitive that school district administrations would not want to stop costly and emotionally-damaging bullying among adults. But resistance to change is strong. Dr. Namie leads participants through a discussion of predictable barriers to creating a safe, healthy workplace for all educators. The goal is a take-home plan to push for systemic protections for all adults in schools against bullying.

Chivon Fitch, Associate Director of Research/CEO & Mary Baird, President and CEO of The Ophelia School Project

Creating a Safe School (CASS) The Ophelia Project School Program

The CASS program includes: school assessments with both qualitative and quantitative data collection, individualized school consulting, teacher trainings, parent involvement, and our student-to-student mentor program. These components will be highlighted to provide the participant with an overall understanding of CASS program to create long-term systemic change in school cultures. Over the past 7 years, the CASS program has undergone both process and outcome evaluations to determine its effectiveness and to continually inform and improve program implementation.

Randy Ross, Senior Equity Specialist – New England Equity Assistance Center, Brown University, Providence, Rhode Island

The Role of Empathy in Bullying and Harassment Prevention: Issues, Obstacles, and Programs

Nurturing empathy in students and adults is understood, intuitively and through research, to help reduce bullying behaviors. Recent advances in neuroscience are informing our understanding of how empathy interacts with other aspects of social-emotional intelligence. This session explores issues, programs, and obstacles related to fostering empathy, especially “empathy across difference.”

Randy Wiler, Director - Kansas Bullying Prevention Program

Managing Your Bullying Prevention Program

Managing your school's bullying prevention project is a performance issue based on knowledge. This seminar introduces a knowledge set that will help you better manage the bullying prevention project in order to achieve the desired outcome. Specific issues such as project authority, leadership, people skills, and stakeholder communication strategies will be covered. Project management is a practice that requires integration of a great deal of knowledge. However, project management is not just about knowledge, but also about what you can do with it.

James Dillon –Principal, Lynnwood Elementary School in the Guilderland Central School

The Principal's Role in Bullying Prevention

The principal of a school can either be the main facilitator of change or the main obstacle to change. This presentation will explore ways to support the principal and gain his or her leadership in successfully addressing the problem of bullying in schools. It will also present specific examples of how a principal can develop a safe environment and a strong school community.

General Session – 2:30 – 3:45 p.m.

Keynote: Sue Limber, PhD – Professor, Institute on Family & Neighborhood Life, Clemson University & Patti Agatston, PhD – Licensed Professional Counselor, Prevention/Intervention Center

Cyber Bullying In the Digital Age

Description is forthcoming.